

## Appetizers

### Calamari Fritti 17.50

Served with marinara sauce (serves 2)

### Homemade Meatballs 12.25

Right outta the sauce, topped with fresh ricotta

### Fried Mozzarella 12.25

Homemade pan-fried fresh mozzarella wedges, served with marinara sauce

### Garlic Bread 8.50

Topped with melted mozzarella

### Calamari Arrabbiata 19.75

Fried calamari tossed with flame roasted peppers in a spicy Arrabbiata plum tomato sauce

## APPY HOUR

1/2 PRICE APPETIZERS

MONDAY - FRIDAY

4:00 PM-6:00 PM

## Soups

### Stracciatella 9.50

Traditional Italian egg drop soup with spinach

### Pasta e Fagioli 9.50

Ditalini pasta & cannellini beans served in crushed plum tomato & roasted garlic broth

### Tortellini en Brodo 9.50

Cheese tortellini pasta served in chicken broth

## Salads

### Garden Salad

Small 9.75 • Large 13.75

Iceberg lettuce, tomatoes, carrots, onions, red peppers, olives, cucumbers, mozzarella & Italian dressing

### Caesar Salad

Small 9.75 • Large 13.75

Romaine lettuce, garlic croutons, parmesan shavings & dijon caesar dressing

### Pecan Salad

Small 10.75 • Large 14.75

Mixed greens, honey roasted pecans, gorgonzola crumbles & balsamic vinaigrette

### Mediterranean Salad

Small 10.75 • Large 14.75

Romaine lettuce, tomatoes, cucumbers, pepperoncini, kalamata olives, chickpeas, onions, feta cheese & red wine vinaigrette

### Market Salad

Small 10.75 • Large 14.75

Mixed greens, dried cranberries, candied walnuts, onions, goat cheese & balsamic vinaigrette

## Add to any salad

Grilled Chicken 6.50

Grilled Shrimp 9.50

Grilled Salmon 14.50

Fried Chicken 6.50

## Heros

Meatball Parmigiana 13.50

Eggplant Parmigiana 13.50

Chicken Parmigiana 14.50

### Chicken Club 13.50

Grilled or fried chicken cutlets, lettuce, tomatoes & Italian dressing

### Chicken Alla Vodka 15.50

Fried chicken cutlets, topped with vodka sauce, diced prosciutto & melted mozzarella

ITALIAN

## Lena's

KITCHEN

The best lunch you've had since mom used to brown bag it!

## PICK-A-PAIR

Create your favorite, choose any two!

## SALADS

### Garden Salad

Iceberg lettuce, tomatoes, carrots, onions, red peppers, olives, cucumbers, mozzarella & Italian dressing

### Caesar Salad

Romaine lettuce, garlic croutons, parmesan shavings & dijon caesar dressing

### Pecan Salad (Add 1.00)

Mixed greens, honey roasted pecans, gorgonzola crumbles & balsamic vinaigrette

### Mediterranean Salad (Add 1.00)

Romaine lettuce, tomatoes, cucumbers, pepperoncini, kalamata olives, chickpeas, onions, feta cheese & red wine vinaigrette

### Market Salad (Add 1.00)

Mixed greens, dried cranberries, candied walnuts, onions, goat cheese & balsamic vinaigrette

## SOUPS

### Stracciatella

Traditional Italian egg drop soup with spinach

### Pasta e Fagioli

Ditalini pasta & cannellini beans served in crushed plum tomato & roasted garlic broth

### Tortellini en Brodo

Cheese tortellini pasta served in chicken broth

## HALF-A-HERO

### Eggplant Parmigiana

### Meatball Parmigiana

### Chicken Parmigiana

### Chicken Club (grilled or fried)

### Chicken Alla Vodka (Add 1.00)

Available till 4pm • Both selections cannot be made from same section

\$15.75

View our virtual menu at [Lenasitaliankitchen.com](http://Lenasitaliankitchen.com)

Please alert us of any food allergies, as not all ingredients are listed on the menu

## Pastas

### Penne Shrimp Oreganate 24.75

Shrimp & spinach sautéed in garlic & white wine scampi sauce, topped with toasted breadcrumbs

### Spaghetti & Meatballs 21.25

Meatballs & traditional Italian tomato sauce

### Rigatoni Fiorentina 24.25

Baked chicken, spinach & mozzarella sautéed in creamy pink sauce

### Tortellini Carbonara 23.75

Imported pancetta & onions sautéed in a classic creamy parmesan cheese sauce

### Penne Broccoli 21.75

Fresh broccoli florets sautéed in garlic & oil

### Spaghetti Shrimp Marinara 24.75

Shrimp sautéed in garlic & herb plum tomato sauce

### Rigatoni Bolognese 22.00

Southern Italian ground veal meat sauce, topped with fresh ricotta

### Tortellini Alfredo 22.00

Classic creamy parmesan cheese sauce

### Penne Alla Vodka 21.75

Imported prosciutto sautéed in creamy vodka sauce

### Spaghetti Garlic & Oil 17.75

Garlic sautéed in extra virgin olive oil

### Rigatoni Marinara 17.75

Garlic & herb plum tomato sauce

### Pasta Al Forno 21.75

Our version of the classic baked ziti

• Whole Wheat or Gluten Free Penne Available 2.00 Additional •

## Side Pastas

### Classic Side 11.00

Penne or spaghetti with your choice of Marinara, Pomodoro or Garlic & Oil

### Premium Side 12.00

Penne or spaghetti with your choice of Alfredo, Vodka or Bolognese

## Entrées

### Chicken Marsala 22.75

Chicken scallopine simmered in mushroom & marsala wine brown sauce

### Chicken Francese 22.75

Egg battered chicken scallopine sautéed in white wine, lemon & butter sauce

### Chicken Paillard 22.75

Grilled chicken topped with your choice of sautéed spinach, broccoli or broccoli rabe

### Chicken Semi-Freddo 22.75

Grilled or fried chicken cutlets topped with arugula, red onion, shaved parmesan & cherry tomato salad

### Chicken Parmigiana 18.75

Fried chicken cutlets, topped with tomato sauce & melted mozzarella

### Eggplant Parmigiana 17.75

Egg battered eggplant, topped with tomato sauce & melted mozzarella

### Meatball Parmigiana 17.75

Homemade meatballs, topped with tomato sauce & melted mozzarella

### Grilled Salmon 25.75

Grilled Norwegian salmon served over sautéed broccoli rabe & tuscan white beans

### Chicken Alla Vodka 19.75

Fried chicken cutlets, topped with vodka sauce, diced prosciutto & melted mozzarella

## Vegetables

Spinach 9.00

Broccoli 9.00

Broccoli Rabe 9.50

## Desserts

### Tiramisu 6.00

Sponge cake soaked in espresso, marscapone cream & cocoa powder

