Appetizers

Calamari Fritti 15.00
Served with marinara sauce (serves 2)

Mozzarella di Casa 14.50
Fresh mozzarella, sliced tomatoes, roasted peppers & basil, drizzled with olive oil & balsamic glaze (serves 2)

Buffalo Bites 9.75
Pan fried chicken bites, tossed with Louisiana style hot sauce, served with blue cheese

Calamari Arrabbiata 15.75
Tossed with roasted peppers in spicy plum tomato sauce (serves 2)

Lena's Homemade Meatballs 10.00
Right outta the sauce, topped with fresh ricotta

Fried Mozzarella 10.00
Homemade pan-fried fresh mozzarella wedges, served with marinara sauce

Garlic Bread 6.50
Topped with melted mozzarella

Heros

Meatball Parmigiana 10.50

Eggplant Parmigiana 10.50

Chicken Parmigiana 11.50

Shrimp Parmigiana 13.50

Chicken Club 11.00
Grilled or fried chicken cutlets, lettuce, tomatoes & Italian dressing

Vegetables

Sautéed in garlic & oil

Spinach 7.25

Broccoli 7.75

Broccoli Rabe 8.25 (seasonal)

Salads

Garden Salad
Side 6.25 • Lunch 8.50 • Dinner 11.75
Iceberg lettuce, tomatoes, carrots, onions, red peppers, olives, cucumbers, mozzarella & Italian dressing

Caesar Salad
Side 6.25 • Lunch 8.50 • Dinner 11.75
Romaine lettuce, garlic croutons, parmesan shavings & dijon caesar dressing

Pecan Salad
Side 7.25 • Lunch 9.50 • Dinner 12.75
Mixed greens, honey roasted pecans, gorgonzola crumbles & balsamic vinaigrette

Mediterranean Salad
Side 7.25 • Lunch 9.50 • Dinner 12.75
Romaine lettuce, tomatoes, cucumbers, pepperoncini, kalamata olives, chickpeas, onions, feta cheese & red wine vinaigrette

Market Salad
Side 7.25 • Lunch 9.50 • Dinner 12.75
Mixed greens, dried cranberries, candied walnuts, onions, goat cheese & balsamic vinaigrette

Buffalo Chicken Salad
Lunch 15.00 • Dinner 18.25
Romaine lettuce, tomatoes, carrots, onions & creamy blue cheese dressing, topped with "spicy" buffalo chicken

• Lunch portions are smaller than dinner portions & only available until 4 pm •

Add to any salad

Chicken (grilled or fried) 6.00 | **Grilled Shrimp** 8.00
Buffalo Chicken 6.00 | **Grilled Salmon** 10.00

Soups

Stracciatella
Side 5.00 • Full 7.75
Traditional Italian egg drop soup with spinach

Pasta e Fagioli
Side 5.00 • Full 7.75
Ditalini pasta & cannellini beans served in crushed plum tomato & roasted garlic broth

Tortellini en Brodo
Side 4.50 • Full 7.25
Cheese tortellini pasta served in chicken broth

ITALIAN **Lena's** KITCHEN

The best lunch you've had since mom used to brown bag it!

PICK-A-PAIR

Create your favorite, choose any two!

SALADS

Garden Salad
Iceberg lettuce, tomatoes, carrots, onions, red peppers, olives, cucumbers, mozzarella & Italian dressing

Caesar Salad
Romaine lettuce, garlic croutons, parmesan shavings & dijon caesar dressing

Pecan Salad
Mixed greens, honey roasted pecans, gorgonzola crumbles & balsamic vinaigrette

Mediterranean Salad
Romaine lettuce, tomatoes, cucumbers, pepperoncini, kalamata olives, chickpeas, onions, feta cheese & red wine vinaigrette

Market Salad
Mixed greens, dried cranberries, candied walnuts, onions, goat cheese & balsamic vinaigrette

SOUPS

Stracciatella
Traditional Italian egg drop soup with spinach

Pasta e Fagioli
Ditalini pasta & cannellini beans served in crushed plum tomato & roasted garlic broth

Tortellini en Brodo
Cheese tortellini pasta served in chicken broth

HALF-A-HERO

Eggplant Parmigiana
Meatball Parmigiana
Chicken Parmigiana
Shrimp Parmigiana
Chicken Club (grilled or fried)

Available till 4pm
Both selections cannot be made from same section

$12.25

View our virtual menu at Lenasitaliankitchen.com

Please alert us of any food allergies, as not all ingredients are listed on the menu

Gluten Free Healthier Choice

Notice: The price of all taxable items includes sales tax

Pastas

Penne Oreganate 21.75
Shrimp & spinach sautéed in garlic & white wine scampi sauce, topped with toasted breadcrumbs

Rigatoni Fiorentina 21.00
Baked chicken, spinach & mozzarella sautéed in creamy pink sauce

Linguine Primavera 19.50
Assorted vegetables sautéed in garlic & oil

Pasta Al Forno 15.25
Our version of the classic baked ziti

Penne Alla Vodka 18.75
Imported prosciutto sautéed in creamy vodka sauce

Linguine Shrimp Marinara 21.75
Shrimp sautéed in garlic & herb plum tomato sauce

Cavatelli Napolitano 21.00
Crumbled sausage, broccoli rabe & sun-dried tomatoes sautéed in garlic & oil

Tortellini Alfredo 16.50
Classic creamy parmesan cheese sauce

Penne Broccoli 18.00
Fresh broccoli florets sautéed in garlic & oil

Spaghetti & Meatballs 17.75
Meatballs & traditional Italian tomato sauce

Cavatelli Bolognese 19.00
Southern Italian ground veal meat sauce, topped with fresh ricotta

Penne Caprese 18.00
Plum tomato & basil sauce, topped with fresh mozzarella

• Whole Wheat or Gluten Free Penne Available 2.00 Additional •

Side Pasta

***Classic* Side** 6.25
Penne or spaghetti with your choice of Marinara, Pomodoro or Garlic & Oil

***Premium* Side** 7.25
Penne or spaghetti with your choice of Alfredo, Vodka or Bolognese

Entrées

Chicken Marsala 19.00
Chicken scallopine simmered in mushroom & marsala wine brown sauce

Chicken Francese 19.00
Egg battered chicken scallopine sautéed in white wine, lemon & butter sauce

Chicken Paillard 19.00
Grilled chicken topped with your choice of sautéed spinach, broccoli, broccoli rabe or primavera vegetables

Chicken Parmigiana 15.50
Fried chicken cutlets, topped with tomato sauce & melted mozzarella

Chicken Semi-Freddo 19.00
Fried chicken cutlets topped with arugula, red onion, shaved parmesan & cherry tomato salad

Eggplant Parmigiana 14.50
Egg battered eggplant, topped with tomato sauce & melted mozzarella

Eggplant Rollatini 18.00
Egg battered eggplant rolled with seasoned ricotta, topped with tomato sauce & melted mozzarella

Grilled Salmon 22.00
Grilled Norwegian salmon served over sautéed broccoli rabe & tuscan white beans

Meatball Parmigiana 14.50
Homemade meatballs, topped with tomato sauce & melted mozzarella

Shrimp Francese 21.00
Egg battered jumbo shrimp sautéed in white wine, lemon & butter sauce

Shrimp Monachina 21.00
Pan fried jumbo shrimp simmered in mushroom & marsala wine brown sauce, topped with melted mozzarella

Shrimp Parmigiana 17.50
Pan fried jumbo shrimp, topped with tomato sauce & melted mozzarella

PASTA SALAD SOUP APPETIZERS SOUP SALAD PASTA APPETIZERS

Quality Ingredients